

Located in Nashville, Tennessee—Cosmic is one of your greatest metaphysical shops and stops around!



Monday—Saturday :10:00 am—8:00 pm
 Sunday :10:00 am—6:00 pm



**Stay tuned for the Galactic Expo blast on
 May 18th & 19th, 2019**

FEATURING FEBRUARY'S EVENTS

SEEMI'S INTUITIVE HENNA ART

February 3rd, Sunday: 11:00 am—5:00 pm

Rates: \$25 - Simple Henna, \$35 for 15 min, \$75 for 30 min, \$150 for 60 min



Beautiful traditional Henna designs and spiritual reading; Temporary Body Art. Reflection of Your Spiritual Path through Seemi's Henna Body Art. Focus on your gifts, allowing law of attraction to keep your life journey positive through clarity. Seemi can also do readings and sketches on wood, shirts, crystals/stones, bags or a reading through body henna art! For more information: Facebook: Seemi/Art
 RSVP to Cosmic: 615.463.7677 or events@yourcosmicconnections.com

GAIA'S TRIBE w/ Catherine Gatzimos

February 4th, Monday: 6:00 pm—7:30 pm

Cost: Donations



Gaia's Tribe's purpose is to heal Earth in her entirety. We make this happen with group intention, visualization, and energy healing. Special emphasis is placed on cleansing and healing the oceans and marine life. Self-healing and spiritual awakening are a group priority, for by aligning with healing light we become better equipped to heal the planet. Together we have the power to heal and align the planet in light and love. Please join us, your efforts are so important. Group facilitator, Cat Gatzimos, is an intuitive, Reiki Master, and Lemurian Facilitator, who has been practicing Reiki for 17 years.
 RSVP to Cosmic: 615.463.7677 or events@yourcosmicconnections.com

EXPLORING THE JOURNEY OF PARENTHOOD w/ Aubrey McMillan

February 9th, Saturday: 9:30 am—11:00 am

Cost: Donations to help cover cost of room



This month's topic: Positive Parenting Techniques
 Parenthood is an eventual journey that often brings up lots of questions, emotions, and struggles. Making connections during parenthood can be the best thing to keep your head above water during tough times. We are a group of parents here to offer support to one another, with a different discussion topic each month. Our host, Aubrey, is a mother of two girls that has many talents to share. She is a childbirth educator, birth and postpartum doula, infant care specialist, and reiki practitioner. She also has a rich background in early childhood development with 15 years of experience. This group is a welcoming space for all parents with young children including those of us within the LGBTQ community. Come join us, bring your kids, and make some new friends! For more information contact Aubrey at info@mybirthoflife.com
 RSVP to Cosmic: 615-463-7677 or events@yourcosmicconnections.com

VALENTINE'S SPECIAL: COUPLES SPIRIT READING & SKETCH w/ Susan Lobo

February 9th, Saturday: 12:30 pm—6:30 pm

Cost: \$65 for half hour if paying with card; \$60 for half hour if paying with cash



Two for the price of one! Bring your Valentine, significant other, family, friends, best buddies, or anyone for a special half hour intimate reading and sketch!
 RSVP to Cosmic: 615.463.7677 or events@yourcosmicconnections.com



COSMIC PRESENTS: LET'S MAKE ESSENTIAL OILS!
February's Theme: Stimulants using Spearmint & Red Thyme w/ Janet Andrews
February 10th, Sunday: 3:00 pm—5:00 pm
Cost: \$25 (includes supplies)



Cosmic Connections is offering a monthly hands-on workshop on how to use and create products with the high-quality essential oils we have carried for almost two decades. Learn how to make cost-effective products for your home, as gifts and for personal health & wellness.

Each month, you will spend 2 fun hours creating products to take home with you! You will make a personally blended oil mix of the month, CosmicClean* organic cleaner, Spa Water & take-home spray, Nodor Pucks* for use in freshening trashcans or cleaning toilets, organic potpourri and so much more! Two new oils, their benefits, uses and recipes will be introduced during each workshop.

This series is designed for you so bring your questions, bring a friend, and sign up early!

Every student will receive a coupon valid for 15% off Cosmic Essence essential oils.

This workshop is taught by Janet Andrews, RN., Chopra Center Vedic Master Educator, Reiki Master, with over 30 years' experience! ***This is NOT an MLM workshop. Does NOT have MLM products.***

RSVP to Cosmic: 615.463.7677 or events@yourcosmicconnections.com

JOURNEY INTO SHAMANISM w/ Burnell Thibodeaux

February 12th, Monday: 6:30 pm—8:00 pm

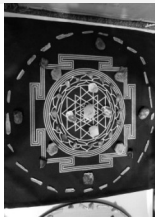
Cost: Donations



A monthly meeting of learning, doing and discussing exciting topics from the areas of psychism, mysticism, psychology, shamanism, philosophy, etc. as it relates to you on your path to spiritual perfection. We will discuss the history and practices of shamanism throughout the ages and in various cultures. We will direct those attending to access resources that will enhance their understanding of shamanism and how to access shamanism as a tool for healing, spiritual growth and support. Using the drum we will embark on a shamanic journey. Presentation, practice exercises and discussion will be conducted.

RSVP to Cosmic: 615.463.7677 or events@yourcosmicconnections.com

HAPPY VALENTINE'S DAY We are OPEN: 10:00 am—8:00 pm
The place to find a special gift for anyone and everyone!



SPIRIT CAFÉ w/ L'Vereese Britten

February 16th, Saturday: 6:00 pm - 8:00 pm

Cost: \$10



Join Rev. L'Vereese Britten and the Angels at Spirit Cafe, a once a month topic driven discussion group. Relax.... Enjoy a beverage and some Angelic humor, as they share information about Spirituality and The Ascension. While receiving useful tools to help ease your passage through it. The Cafe is an open group for questions, comments, and suggestions. Bring your thoughts and your smile. (Building community and friendships for the future) All paths welcome.

RSVP to Cosmic: 615.463.7677 or events@yourcosmicconnections.com

TIBETAN TSE DUP : 5 Elements of Healing w/ Tania Smith

February 19th, Tuesday: 7:00 pm—8:00 pm

Cost: \$30



This healing ritual helps to strengthen the life force and soul energy by balancing the spiritual essence of the 5 elements Fire, Air, Earth, Water & Space which are represented in the body. Energetic imbalances can cause all kinds of issues such as depression, illness and obstacles in ones life. This practice can help restore a sense of joy, well being, and compassion for others , while giving relief from those imbalances.

Group participants are in a reclining position relaxing while the healing ceremony is performed in the traditional Tibetan way, through mantras, prayer and energetic blessing.

For more information: www.crystalgypsy.com

RSVP to Cosmic: 615.463.7677 or events@yourcosmicconnections.com

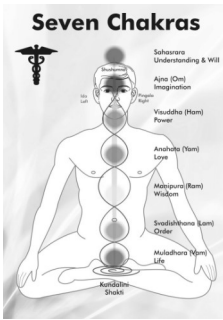


CHAKRA SERIES: THE 7 CHAKRAS 4 SERIES PRESENTATION w/ Janet Andrews
February 20th, February 27th, March 6th, March 13th: 6:00 pm—7:30 pm
Cost: \$20 per person per class

So what are the Chakras and where are they located? How do blockages effect our body on a physical, emotional or spiritual level? Learn to control these vortexes and increase energy, improve health, and achieve higher states of consciousness.. The series will introduce you to several modalities popular today. Many attendees are surprised at the amount of useful information packed into each different session. Pick one that "resonates" with you or try all 4. Suggested starting with session 1 for those who want to understand the basics of Chakras, meditation, auras and prana. But no need to wait for a new series to begin, just jump right in...

Session 1: Visualize the Seven Chakras (Feb. 20th)

Learn to meditate using the Chakras.
 Explore auras and energy flow.
 Discuss the characteristics of each Chakra.
 Activate prana through breath.



Session 2: Activate with Sound (Feb. 27th)

Frequencies, methods and techniques to modulate or align each Chakra.
 This week we will be use toning, music, bija mantras and bowls.

Session 3: Higher States of Consciousness (Mar. 6th)

Tools and techniques used to focus energy on each Chakra.
 Discuss stages of meditation.
 Learn how the use of crystals, yoga postures, deities and power animals effect each Chakra.
 Creating an altar.

Session 4: Healing Therapies (Mar. 13th)

Methods to treat blockages and increase energy flow through the Chakras.
 Incorporate aromatherapy, reflexology points and candle meditation.
 Learn to perform a reiki self-treatment.

For more information: For further info please contact Janet at 7ChakraAlchemy@gmail.com
 RSVP to Cosmic: 615.463.7677 or events@yourcosmicconnections.com



ACCELERATED INTRO INTO TAROT w/ Jeff Crawford
February 21st, Thursday: 6:30 pm—8:30 pm
Cost: \$40

Join Jeff for a 2-hour introduction to reading the Tarot. We will be learning: Tarot History, Tarot Key Words, Tarot Numerology, and the Major Themes. We will also learn some basic Tarot spreads to get you started!

You will need to bring your own deck of Rider-Waite Tarot cards and are available for purchase at Cosmic.

Please RSVP to Cosmic: 615.463.7677 or events@yourcosmicconnections.com

HEY ALL YOU ROCKHOUNDS
GET READY! GET SET! LET'S GO...!
ROCKIN' ROCK EVENT TRUNK SHOW
CURIO GROVE
Kevin & Janet Burgart

February 22nd, February 23rd (Friday & Saturday): 10:00 am—7:00 pm
 February 24th (Sunday): 10:00 am—5:00 pm

If you want it, Curio Grove has it or can get it! If you like special surprises and treasures this is the place to go!

For more information: www.curiogrove.com

No Need to RSVP ~ simply bring your energy to Cosmic this weekend!

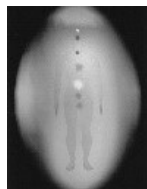


Like Us, Share Us, Follow us, Comments appreciated!

Cosmic Website: www.yourcosmicconnections.com
 Cosmic Facebook: www.facebook.com/CosmicConnectionsNashville
 Cosmic Instagram: www.instagram.com/cosmicconnectionsashville

Galactic Website: www.galacticexpo.com
 Galactic Facebook: www.facebook.com/GalacticExpo
 Galactic Instagram: www.instagram.com/galacticexpo

Aura Photography by Cosmic
www.yourcosmicconnections.com
Monday – Saturday:
11:00 am – 7:00 pm
Sunday: 11:00 am – 5:00 pm
Rates:
\$30 / 22 page color report
\$15 / 5 page report



Alli Watts
LMT, Reiki Master, Reflexology
www.alliwattslmt.com
Rates:
\$50 / 30 min
\$100 / 60 min
\$150 / 90 min



Gina Griffiths
Channeler / Psychic /
Clairvoyant / Medium /
Animal Psychic Communicator
www.readingsbygina.com
Tuesday & Friday: 3:30 pm – 7:30 pm
Every 1st Saturday: 12:00 pm – 7:30 pm
Rates: \$35 / 15 min
\$65 / 30 min
\$90 / 45 min
\$120 / 60 min



Jamie Givens
Angel & Animal / Crystal Reiki Master
www.jamiezoegivens.com
Thursday: 2nd & 4th weeks
Rates: \$35 / 15 min
\$65 / 30 min
\$100 / 45 min
\$120 / 60 min



Janet Andrews, RN
Tarot / Reiki Master / Teacher / Healer /
Alchemist / Vedic Educator
Every Wednesday: 3:30pm-7:30pm
Rates:
\$40 / 15 min
\$65 / 30 min
\$125 / 60 min



Jeff Crawford
Shaman / Tarot Specialist / Reiki Master
Teacher / Distance Healer / Life Coach
www.nashvilleshaman.com
Every 3rd Saturday: 11:00 am – 7:00 pm
Rates:
\$45 / 20 min
\$65 / 30 min
\$95 / 45 min
\$125 / 60 min



Check out our website
[www.yourcosmicconnections.com/
dailyservicescalendar.html](http://www.yourcosmicconnections.com/dailyservicescalendar.html) online
for up-to-date information

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L'Veereese Britten
Tarot / Channeling /
Crystal Healing / Reiki
www.lvereesebritten.com
Sunday: 11:45 am – 5:30 pm
Every 3rd Saturday: 11:45 am – 5:30 pm
Rates: \$45 / 20 min
\$65 / 30 min
\$125 / 60 min



Mary Bogart
Psychic / Evidential Medium / Palm Reader /
Past Life Regression / Energywork
www.marybogart.com
Monday: 10:00 am – 3:00 pm
Rates:
\$40 / 15 min
\$80 / 30 min
\$120 / 60 min



Melissa Mogan
Crystal Healer / Herbalist /
Medical Intuitive & Advisor
Every 2nd Saturday:
11:00 am – 7:00 pm
Rates:
\$25 / 15 min
\$50 / 30 min
\$100 / 60 min



Robin Barnes
Sound Healer / Usui Reiki / BioAcoustic
www.reikinashvilletn.com
Every 2nd Sunday: 10:00 am – 5:00 pm
Rates: \$45 / 20 min
\$65/30 min
\$125 / 60 min



Seemi Rizvi
Spiritual Reading &
Henna Artist
Facebook: Seemi/Art
3rd & 4th Wednesday: 10:00am—3:00pm
Rates:
Start at \$25



Susan Lobo
Spirit Readings & Sketches
1st & 3rd Monday: 11:00am-7:00pm
Rates:
\$65 / half hour (by card)
\$60 / half hour (by cash)



Tania Smith
Tarot / Hypnosis
Ancient Tibetan Energywork
www.crystalgypsy.com
Tuesday & Friday: 11:00 am – 3:00 pm
1st & 2nd Wednesday: 11:00 am – 3:00pm
Rates: \$40 / 15 min
\$65 / 30 min
\$95 / 45 min
\$125 / 60 min