

EVOLVE !

The Lemurian Builders

With Juelle and The Council

EVOLVE: A process of continuous change in a certain direction. An unfolding from a lower or simpler state to a higher, more complex advanced state. Evolvement is a metamorphosis.

As awakening souls, who came to be present on a planet that is evolving as a species, you came with a *prime directive* seeded in your blueprint, EVOLVE! From the very beginning that directive frames your purpose here and burns with a fire that fuels your forward movement.

In order to e-volve, you must be in-volved. You will feel everything. You will feel it in your heart, in your body, and in your soul. When something crosses your path, you can not look away. Hard as it might be sometimes, you are supposed to feel. It gives you direction as to how to in-volve your e-volving soul. It will lead you to know how to engage with your life and how to keep building a wonderful world for all, a heaven upon your earth.

As we said your entire life has been and will continue to be about change, transition and evolution. However, 2003 marked the beginning of a micro transitional period of 10 years. Ten years of intense change. An opportunity for advancement as an individual awakening soul and an opportunity as a collective family, as a species for advancement. You are in the center of this intensity right now.

An evolutionary cycle of this sort presses you up against your skin. It causes both inner and outer crisis or so it seems. And all the while, there is a whispering voice within your being that is saying *evolve, change, create new*. You will come out wonderfully. This is the prime directive.

We would like to pause here for a moment and tell you a story. It is a story about you. It is about the Lemurian Builders.

Most of you are familiar with an ancient land called Lemuria. This large continent extended from what you know today as the Indian Ocean to and through New Zealand, Australia, Indonesia, Sumatra, through much of the Pacific Ocean and all the way to Easter Island and parts of South America.

The Lemurians were a finely tuned culture, connected with the land and in harmony with the true essential nature of all life. Knowing they descended from the star worlds, they were a large people as depicted by the huge stone statues of Easter Island. Understanding the Goddess/the Divine Feminine nature, they built temples of rock throughout their land, celebrating aspects of the oneness. *Their aim as a civilization was the soul evolution and spiritual advancement for all.* They did not live off the efforts of others but rather each contributed to cutting the path for one another. Though they stood in sovereignty, they valued the advancement of the entire community.

The Lemurians built to last—their homes, their temples, their culture, their consciousness and their family of humanity. They saw that it is not in the true nature of humanity to destroy but rather it is the true nature to build.

Education was the cornerstone to their society, that is spiritual education working with universal laws. Wealth was a given as they assisted each other to self sufficiency. Their purpose was to create a society of masters as *they worked each day to become better people.*

The Lemurians did not have a need to cultivate dogmatic faith or religion. But rather, they had a deep and abiding realization of the oneness with the ever present creative force of the universe. They recognized their own divine powers and inner God and evoked it continuously within themselves and with each other. They built it within themselves to last.

The civilization disappeared when a pole shift set off the transformation of the continent of Lemuria. Before that shift, Lemuria was in the golden age of its time, when the gods walked upon the earth.

Now fast forward to today and the prime directive in your souls to transform. Many of you are Lemurians of course and you can see why and how you all come together again at this time of evolution. You can see why you are drawn to specific areas upon your planet like; Bali, Indonesia, the portal of oneness, India, New Zealand, Thailand, the South Pacific, Hawaii, and Sulawesi, Indonesia where a group of native people, the Toragans build their long houses with the roofs in a big "u" believing that they descended from the stars and will return to the stars and so many other places that create a kind of recognition within you.

You can see why you come together in a kind of intentional group, meeting up with old Lemurian friends to build once again something so strong that it can withstand change and transformation.

The memory of losing your home and culture, due to that pole shift of old, is in your cells. It contributes to this prime directive to evolve the human consciousness, come together every chance you can and help usher in stability, peace, harmony and another golden age. It drives you to build a world based on higher principals and support a shifting planet and consciousness, so that no matter what happens this time you deal with it from the center of your being, anchored in that true divine nature.

To do all this, you must be in-volved and you certainly are. You evolve your own consciousness and personal life along with doing all you can in service to support others to do the same. In this way you all experience a soul shift rather than the fear of a pole shift. You have everything within you it takes to build something new.

All the changes and perceived crisis going on are urging you to build with higher principals something new for yourselves and for your world. You will succeed.

Before we relate all this to your day to day life, we want to remind you that as awakening souls with the prime directive to evolve, if you are resisting movement and change, it will feel so pressuring. When you can stay in the *thought of* change, transformation and unknown, you are in the thought of evolution. Remember the definition at the beginning? Evolution is the unfoldment at a higher level. It is a kind of flow of energy. It will keep you feeling connected and expanded. If you resist from fear of the unknown, fear of letting go, fear of survival and oh so many other fears, it has you feeling contracted and diminished. There really are only 2 ways this goes. You either feel enriched in the flow of evolution or you feel diminished in the resistance. You are either expanding or you are shrinking.

This is true also for those of you who feel like nothing is moving forward in your lives. You feel you are on a plateau and just don't see the next step. Do not resist this feeling, allow it and at the same time, don't believe it! The force of evolution is within you always. Stay *in the thought of* it, so that you stay expanded while new and different possibilities can drop in no matter how long it may take.

Just remember this as we proceed here. Expand or shrink. Enrich or diminish.

Breaking the mold.

Now, this is how this is showing up in your personal lives at the moment. One important area is *relationships*, especially primary relationships; partners, good friends and sometimes children. In order to keep evolving you will feel the urge to break the old molds as to how it has been. You are breaking up the old structures of consciousness within you, in order to see things differently, in order to create things differently in your lives, to expand.

As a result, fundamental beliefs between partners and friends are up. This is especially challenging when it is between partners. Fundamental beliefs are the foundation upon which you build your life and your reality. If those beliefs are in conflict with one another, well, there will be some issues. Some major issues that are wanting to break through right now are; differences in how you work with and relate to finances, wealth/poverty, the savior/victim paradigm, personal sovereignty and power, staying in a relationship for the money and the inability to make it on your own, deferring power to the dominant one, and many more issues that you know first hand you can name.

When any of these issues are playing out, you will most likely feel diminished. How can new ideas and new directions fall into place when you are contracted and closed down? In most cases they can not.

Take a deep breath and break the mold. No one is to blame here. You each have signed up for this journey and no one other than the current partner can serve you better to accelerate both of your evolutions. Respect that. And also know that it is probably time for a change in one way or another for both of you. Co-create something new and maybe you will stay together. Resist each other and it will for sure be over.

We make it sound easy but it is not. The first response when something is off and you feel diminished is to "cut and run." That is the old response. Cut and run may look like going to another relationship quickly, it may be to leave, get away from the battle or it may even be just detaching into your own little world. All of these are cut and run responses that really do not yield positive results. Try to not do this but rather, stay for a bit and stay in-volved. See what you need to see about yourself, the situation and give it an opportunity for co-creative solutions until you are absolutely sure it is complete.

Recognizing when something is complete, especially when it involves the heart can be most challenging. One thing remains true for both of you; you must evolve your thinking and your way of being. If one is and the other one is not, this is pause for concern and will tell you a lot.

Remember to relate this to your work setting as well as relationships.

Also remember, that even if you are in wonderful relationships, this timing is probably urging you to evolve it. Go to a higher level with it. Break the mold that you have had as lovely as it may be so that something even greater can come into your reality. You will bring all the good stuff with you from the previous mold but you are reaching for an expanded version. Breathe. Evolve Lemurians and build something that can last.

Realignments, reorganization, reestablish.

The transitions you all are experiencing have a specific purpose, *to realign you to your purpose*, to realign the energy flowing through you and your life to a higher and more advanced state. Even when it looks like you have lost something, traumatic as it may be to lose a loved one, homes, jobs, life as you have known it, you are urged to glean a higher perspective even while you deal with the trauma. In the end, once it all is reorganized, you will be fine and more than fine. This is the time you call upon the faith and trust you have built as a fundamental foundation and just keep going, to the best of your ability.

Some people will not have crisis or trauma in order to transition. They just feel the momentum and seek change even if they have no idea what it is or what it means. Again, it is useful to stay in the thought of it.

Some may ask how can I move forward when I don't know where I am or where I am going and yet, I am ready for a change?! In some ways this is happening to our channel and her partner. To stay in the thought of it and honor the evolutionary urge within, our channel will just say when asked what are you going to do, she will respond "We don't know exactly right now. We are between inspirations. "

Something as simple as that keeps you in the flow of it all, keeps you expanded without the negative charge of the unknown. You know the inspiration and organizational grid of your life will drop in as soon as it can. It always does one way or another and at the perfect time that it can.

Once the reorganization begins, it feels as though it is on fast forward. Ideas will pop in, direction and all the hows/whys and wheres will reveal themselves. Remember also that what often looks like something is breaking down or is falling apart, is often just *reorganization at a higher level*, more in alignment with your soul's purpose.

The really good news is what happens next, the *reestablishment or the new normal*. In this stage of transition, you will build brand new again. This is where it gets really exciting since you will recommit to your purpose/life, do things a new and different way, explore the mystery of it all and build a new sense of identity and stability.

Many of you are in the various stages of this transitional process. It is helpful to understand it and not resist it. Stay in the thought of it with your visions and your love of evolution for all. Breathe. Evolve Lemurians and build something that can last.

Pet Partners.

Many loved ones are transitioning right now. We mean leaving this earth plane, regrouping and going on to the next expression, whatever that might be. Some of these loved ones are your pet partners that are leaving; dogs, cats, horses, elephants and so on. Think about them. Think how connected to that pure essential nature they are. Think about how they taught you to be a better human being through their unconditional love, consistent good moods, ever present joy, selfless service and big hearts. In teaching you to be better humans they too learned about humanness.

Many of your pet partners are regrouping, reorganizing with their soul groups. They are evolving. These soul groups, in some cases, will individualize and return to this earth plane as humans. And when you think about it, doesn't your world need more really good wonderful human beings? Yes. Always. And some of your pet partners will serve in this way.

You may be sad at the loss of your loved ones, of course. Love never dies. Breathe. It is evolution. Evolve Lemurians and build something that can last.

An intense feeling of grief, emptiness and the void.

If you have lost loved ones you may feel grief. Part of the feeling of grief is that emptiness and the void. Feel it and allow it. It is part of the healing process.

And remember that as you break the old molds, change your lives, lose your jobs and find new ones, find new home bases, create new projects and businesses, and bring in new relationships, it will be at times so invigorating and exciting. It can also feel at times like grief. That is you may find yourself grieving for all that has been. What you have had has been excellent and it has served you to this point. You are not changing because something is wrong, but rather, you are changing because of that prime directive to evolve. However, what has been has also been your known and even though it is wonderful to be moving on, in most cases you are moving into the unknown, the void.

The void feels empty sometimes but really it is the opposite. It is full. It is full of pure primal substance of creation. It is full of possibility and as your days go on, you will begin to see the reorganization of your lives and little by little you will begin to focus on that as opposed to what you are transitioning from.

We are always cheerleaders for all parts of you. When your emotional body feels the grief, in all of its many forms, just know that it is normal and natural and it will pass. You are letting go of life as you have known it. Hold *the thought of evolution* and allow your hearts to be healed and your minds to reorganize and stabilize.

It is useful to give yourself spiritual nourishment during these times of transition, whatever nourishment may look like for you; being in nature, serving others or coming together for support and inspiration. Let this nourishment help move you forward.

Come together Lemurians. Breathe. Evolve Lemurians and build something that can last.

You are "transitionalists" blazing a new trail. You can not help it. It is that evolutionary prime directive within you that keeps you involved so that all can e-volve. It is the urge in your soul that keeps you in a process of continuous change in a certain direction.

Change is good. It produces vital life force as you shake things up, which in turn has you stretch your mind, or in fact lose it! No worries, it will come back. Change breaks the mold so that you must cut new neuro pathways in your brain in order to dream, vision and problem solve through creation something new that is in alignment with this higher expression. It moves you to recommit to your life, your purpose, your dreams and visions. It moves you to involvement. It evolves you.

Thank you Lemurians for the part you are playing as this grand drama unfolds. We are always with you, over lighting your blazing new trail, encouraging you to EVOLVE!

With love and respect,
The Council