



WHY DO AN IONIC FOOTBATH?

Ionic footbaths are beneficial because today we are constantly being bombarded by the greatest toxic load in the history of our planet. Consequently, ongoing periodic detoxification is essential to maintaining health and avoiding disease. This toxic overload of tissue acid wastes, chemical and heavy metal residues are responsible for a greater incidence of allergies, mental, and physical incapacitation. Purification is the only way to relieve the damage that they cause. All healing traditions, with the exception of western medicine, recognize the importance of body purification as a means of healing and avoiding disease.

Fatigue, digestive disorders, muscle/joint aches & pains, allergies, anxiety, immune dysfunction, skin issues/disease, loss of mental function, headaches, and unexplained strange illnesses are all signs of toxic overload and signal that purification of the body is needed.

Body detoxification via an Ionizing Footbath can make you look and feel No longer do disease-causing chemicals and body wastes have to remain inside of your organs destroying your vitality and overall health!!!!

WHAT ARE THE BENEFITS OF A FOOTBATH?

Benefits that previous users of the Infrared Ionic Footbath have experienced are:

- Increased energy
- Pain reduction/resolution
- Greater mental clarity
- Stress Relief
- Weight Loss
- Improved sleep
- Improved joint & muscle movement
- Improvement of skin tone, acne, dark eye circles, and skin rashes
- Heavy Metal Detoxification



Q. How does the Ionic Footbath work?

A. Ionic Detox Footbaths work by sending a small current that goes in a circuit through the body and generates positively charged ions. The high concentration of the ion field attaches to the negatively charged toxins neutralizing them, and then the body is able to discard the toxins through the estimated 2000 pores that are on the bottom of your feet. As the toxic substances leave your body through the feet and enter the ionic water, the water will become colored. As the session progresses, the water's color will deepen or even change as more toxic compounds are removed from the body.

Q. Who can use an Ionic Footbath?

A. Anyone can use the footbath except for pregnant and lactating women, people who have a pacemaker or an organ transplant, persons taking medication to regulate heartbeat, persons on anti-seizure or psychiatric medicines, and persons with epilepsy or psychiatric disorders. Even children as young as 4 years of age can use it.

Q. How long and how often should I do the Footbath?

A. 30 minutes is all you need for each session except for small children who only need 15 minutes. Start with a footbath every 72 hours. After about 5-10 sessions reduce to once a week until you've reached your goal, or have had 14 sessions. For maintenance, once a month is sufficient.

Q. Will the color change even if your feet are not in the water?

A. Yes! Based on the local water the array will have a consistent baseline color particular to that locality. Then based on the individual and the toxicity in their body, the water will begin to exhibit the colors related to their issues. The more you use the footbath, the clearer the water will become and the less variation there is from the baseline.

Q. What is the cost of a Footbath session?

A. The normal fee for a 30-minute far infrared session is \$45.00. Discounts for packages of 14 are available upon request.